



February 2022

Dear Parent,

It is hard to believe that half of the Nursery year is already over! We are so glad that Nursery has not had to stop and re-start, which interrupts the children's learning so much. Our February themes are 'Caring for Others' and 'Caring for Ourselves'. For the first two weeks, we will be thinking about people who love us (i.e. our families) and people who help us. For the last week in February, we will be thinking



about how to look after our bodies i.e. by eating healthy food and by keeping fit.

For our monthly trip, we will visit Valdez in Broughshane, where we can build up our fitness levels by enjoying exercise. Sarah Gage will also join us to lead in some Keep-fit sessions in Nursery with the children. Thanks to Sarah for giving up her time to do this. We will continue to enjoy fun with music, when Gillian from Jo Jingles takes us for more sessions.

Please note the following dates for your diary:

- **Tuesday 1st, 22nd and 23rd:** visits from *Jo Jingles*.
- **Thursday 3rd, 10th and 24th:** *Keep-fit* with Sarah.
- **Monday 7th and Tuesday 8th:** *Parent Interviews*. Because of COVID, these interviews will again take place by phone. If you want an interview, please fill and return the form at the end of this letter by Friday 4th February.
- **Friday 11th:** *Red Day*. Children are encouraged to wear red or pink if possible. All activities and even all the Snack food that day will be red!
- **Monday 14th - Friday 18th:** Nursery closed for *Half-term*.
- **Friday 25th:** visit to Valdez.

On Friday 25th the children will visit Valdez (Broughshane), where they can climb, slide, roll and run, so developing their gross motor skills. As before, the children should be left at Valdez at 9.30am and collected at 11.00. Please dress your child appropriately for these activities.

In Nursery we have made *packs* of books and simple activities to develop the children's fine-motor skills. After Half term, we shall start to send these packs home for you to borrow and return. One pack will be sent out on a Monday and it will be returned the following Monday, when another pack will then be sent home. We will alternate the book and fine-motor packs. The packs will be quarantined when they are returned to Nursery before they are sent out again. We hope you will enjoy sharing the books with your child and that they will benefit from the simple fine-motor activities.

We will also be sending the children home with a bag of ideas and simple resources, which you can explore over Half-Term with your child. These



bags do not have to be returned but are designed to show parents how to use simple, cheap objects to help your child develop their skills and prepare them for entering Primary School.