

February Songs

Are You Eating?

(Tune: Frere Jacques)

Are you eating?
Are you eating healthy foods?
Healthy foods?
For your body needs them;
For your body needs them
Every day, every day.



Brush Your Teeth

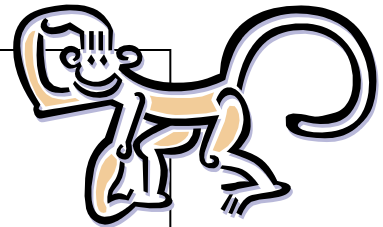
(Tune: Row, Row Row)

Brush, brush, brush your teeth,
Give them all a treat;
Brush up and down and all around
To keep them nice and neat.



Five Little Monkeys

Five little monkeys bouncing on the bed,
One fell off and bumped his head.
Mummy called the doctor and the doctor said,
"No more monkey business bouncing on the bed".



Happily We Eat Our Foods

(Tune: London Bridge)

1. Happily we eat our fruit (x3)
To grow big and strong.
2. Happily we drink our milk (x3)
To grow big and strong.
3. Happily we eat our vegetables (x3)
To grow big and strong.



Got My Toothpaste

(Tune: Twinkle, Twinkle little star)

Got my toothpaste, got my brush;
I won't hurry; I won't rush.
Making sure my teeth are clean,
Front and back and in between;
When I brush for quite a while
I will have a happy smile.

